

Kick it up for your favorite Non-Profit Group!!!!

2008 Annual Breakathon for Non Profits

What is it?

A breakathon is a contest to see how many boards a person can break in a set period of time. Participants can be “sponsored” per board broken or pledge a flat rate donation.

How are the boards broken?

Boards may be broken using any acceptable Taekwondo hand or foot technique. (see registration form for list of acceptable breaking techniques).

I don't know anything about Taekwondo, can I still participate?

Yes! Prior to the start there will be a 20-30 minute class on safe and simple breaking techniques. Class will start at 1pm at the Wolfpak Studio.

How does this benefit non profit groups?

Each registered participant will list the non profit group of their choice. All monies they raise through breaking will be collected and given to this non profit group. The participant will be responsible for collecting and distributing the monies they raise.

The particulars?

Date: July 19th, 2008 (during the Sweet Corn/ Summer fest)

Where: Wolfpak Studio, 34 S. Main St, Mt. Gilead

Time: 1:30p (free breaking technique class at 1p)

Registration: \$10. (this will give you 15 boards; extra boards may be purchased at a cost of \$1.00 per board.)

Pre registration only. Forms may be printed from the website www.WolfpakTeam.com under special events link. Registration/sponsorship forms are also available at Wolfpak Martial Arts and the Morrow Co. Chamber of Commerce. Forms may be requested by phone or email. **Registration form and fee must be received no later than July 1st.**

For more information or registration form contact:

Wolfpak Martial Arts
419-947-9900
www.WolfpakTeam.com

2008 Annual Break-a-thon for Non Profits
Rules & Registration Form



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Time Limit: 5 minutes to break as many boards as you can using acceptable technique.

Acceptable Techniques: Front Kick and Side Kick. Adults may also use Reverse Punch and/or Knifehand Attack



Mail to: Wolfpak Martial Arts
P.O. Box 475
Mount Gilead, OH 43338
419-947-9900
www.WolfpakTeam.com



Participant Name _____ Phone# () - _____

Mailing Address _____ Email Address _____

City _____ State _____ Zip code _____

Non-Profit Group _____

ATHLETE RELEASE

I affirm that I am aware of my physical condition, and that I am voluntarily participating in this Break-A-Thon. I am also aware that participation may result in possible injury as a result of the nature of the sport. I have read and understand all the regulations of each division. In consideration of your acceptance of this entry, I hereby waive, for myself, my heirs, and assigns, any and all claims for injuries or damages which may occur by virtue of my competing in this Break-A-Thon against the Break-A-Thon directors and workers, Wolfpak Martial Arts or any entities involved with the production of this Break-A-Thon.

PHOTO RELEASE

I agree to allow Wolfpak Martial Arts or any entities involved with the production of this Break-A-Thon to use my photograph or those of my minor child/children for the purpose of promoting any of the above entities through advertising, web sites, etc.

_____/_____/2008
Signature of Competitor or Parent or Guardian if under 18 Date

